



2023 ANNUAL REPORT

Life Changes Here

A Note From Matt

Being new at the Mission, I have had many "firsts" over the past months. One "first" topped my charts recently when I attended



my first graduation for the Men's LifeChange recovery program. In many ways, it was the culmination of everything we work for at the Mission. From the teams bringing people from the street into our programs, to those working directly with our residents, to those working behind the scenes, all of it comes together as we witness God do the deep work of transformation in the lives of individuals.

As I sat and listened to the journey of these men, I have come to appreciate the courage it takes to walk the road to graduation.

It takes courage to step foot in the door and decide to start your first 30 days in LifeChange. It takes courage to put everything else in life on pause to make a lasting change. It takes courage to dig deep into the past in counseling sessions, to be vulnerable with the community, to show up again and again, even when you don't feel like it.

Sitting in the crowd with me at the LifeChange graduation was the 9-year-old daughter of one of our graduates. She had traveled from out of state to celebrate with her dad. She was so proud of the progress he had made for a new life. Recovery doesn't just change the trajectory of one life, it can change a whole family and future generations.

As you review this annual report, celebrate with us the volunteer hours, prayers, financial support and encouragement that have come to together to change the lives men, women and children. We are grateful for you!

Matt Stein | Executive Director



Our Mission

Through the transformative power of Jesus Christ, we open life-changing pathways to people experiencing homelessness, hunger, addiction and abuse.



Karina's Story

Karina's childhood was lonely, she sought solace in drugs at a young age. She became a mother at 16 and struggled to break free of drug use, eventually dropping out of college and falling deeper into a gambling addiction.

Faced with losing her children and feeling hopeless, Karina found inspiration in an old friend who had found recovery at the Union Gospel Mission's LifeChange program. With newfound hope, she joined the program and was immediately embraced by a supportive community.

While in LifeChange Karina participated in counseling, received case management, took classes, and learned job skills, all in an environment where she could build healthy relationships. She feels confident that these relationships will give her the support she needs to continue her sober life. She also has a new-found relationship with God. "I've learned the abundant grace Jesus has for me," Karina explains.

Karina's children joined her 20 days after she arrived. "I'm so thankful for the counseling and mentoring my children received. They used to struggle in school, but this semester they passed all their classes!" Karina says with a proud smile. "God has blessed my relationship with my children by making us stronger than ever before."

Karina is living proof that change is possible. She completed the LifeChange program in August 2023. With her own experience as a guiding light, she plans to continue her education and dedicate her life to helping others overcome addiction. She is taking classes focused on chemical dependency support counseling.

Karina is employed through 4D Recovery as a Certified Recovery Specialist where she spends the day supporting those in recovery. She says, "The work is hard but rewarding. I see myself in the people that I work with. I'll do anything I can to help them through the recovery process."



"I'm excited for this next step in our life and I can't wait to see what the future has in store."













Pathways to Change

Often the path out of homelessness starts with a basic need being met, like a meal or a shower. Those living on the streets have often lost hope of anything ever changing. Providing food, showers and shelter gives people dignity and hope that something can change. The UGM team comes alongside those living outside to help them address the root causes of their homelessness and connect them with the particular services they need.



200,000+ meals



1,300 holiday food baskets



1,803 showers



640 unique guests with winter shelter



213 service referrals



195
individuals
transitioned
off the streets

"I came up here ready to get some biscuits and gravy! That day I met with the guy who does the intakes here and the rest has been history. For the first time in 10 years, I've actually got some hope."

Ian - LifeChange Resident





Lives Transformed

LifeChange is a Christ-centered recovery community for men, women and children who are seeking to escape homelessness, overcome addiction, and heal from abuse and trauma. LifeChange offers holistic, comprehensive care so that residents can heal from past wounds and gain the skills needed to live fulfilled, successful lives after recovery

Men and women in LifeChange receive:

- A safe home and community
- Nutritious meals
- Addiction recovery services
- Mental health counseling
- Case management
- Life skills and job training

Education



Spent time in our LifeChange communities between the months of October 2022 through September 2023. Of these residents, 14 were baptized.

On average men and women in LifeChange receive 132 hours a month of job training and classes, subjects include parenting, conflict resolution and financial planning.



"Living at the Mission is the biggest blessing I've ever received. It's a safe place where I can dig into the word and find out who God is. Every step that I've made toward recovery is what Christ has given me. All my faith is in Him."

Cody - LifeChange Resident



Volunteers

The work is not possible without faithful volunteers.

Volunteers are the heart of Union Gospel Mission and without you, our reach would be limited. UGM seeks to engage you or your group in a meaningful volunteer experience that meets the needs of hurting people. Opportunities abound for you to make a difference!



Ann

Ann Pearson has volunteered downtown for the past 12 years as a Lobby Receptionist. She enjoys getting to know all the men in LifeChange and watching them grow and transform. After her husband's passing, the Mission is a place where she comes to be part of a community and family.



Katie

Katy has been a volunteer with the UGM for a year and a half. Katy serves on our Search + Rescue Friday routes. She says, "Serving alongside UGM staff has been such an invaluable experience for me. I've learned so much! It has helped remove any previously conceived notions that I had about why people become homeless."

Dec 2023









The Journey Home

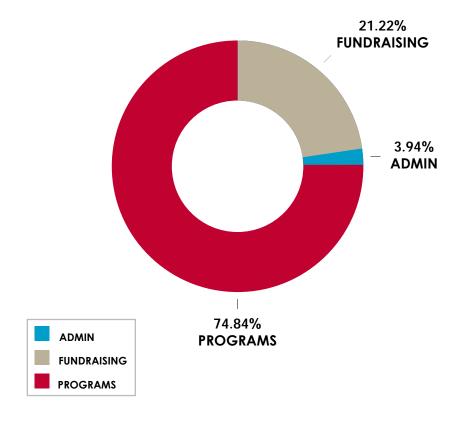
The Journey Home campaign continues to be an inspiring focus on constructing a new center for our LifeChange Program for Women and Their Children. We broke ground on this new building in June of 2022. This new 53,000 square foot building will allow us to double our capacity to serve more than 2,000 women and children in the next decade.

This past December we marked a significant milestone with the completion of framing. We are so thankful for the support of this project that will allow women and children to end cycles of addiction, poverty and abuse.



To learn more and get updates about The Journey Home, please visit our website at **www.ugmportland.org/journeyhome**

Financial Review



UNION GOSPEL MISSION 2022-2023

Total Revenue & Support:	\$7,542,727
Expenses:	
Programs:	\$5,358,010
Fundraising:	\$1,519,052
Admin:	\$282,378
Total Expenses:	\$7,159,440

*Pie chart reflects expenses. Financial information reflects unaudited finances from October 1, 2022 – September 30, 2023. Union Gospel Mission has independent audits conducted on an annual basis which are available on request.



Board Members

Randall Kinnison (Chair)

Business Owner/CEO - Genesis Mediation

Larry Brisbee (Vice Chair)

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Management Consultant and Non-Profit Executive Coach

Diego Caballero

Chief Creative Officer at MKTbox



3 WAYS YOU CAN GET INVOLVED



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